

# SPARKS

Solving Problems And Real Kickstart Solutions

## Free support for residents of Eastfield

<i>Mondays</i>	<b>Westway Open Arms Cooking Session</b> Coaching & Life Skills <b>10am – 12noon</b>	<b>Old Community Cafe 65+ Group</b> Connecting People <b>1pm - 3pm</b>
<i>Tuesdays</i>	<b>Scout Hut Crafting Club</b> Connecting People <b>10am – 12 noon</b>	<b>Scout Hut Appointments for:</b> Crisis, Coaching, Careers <b>12pm – 4pm</b>
<i>Wednesdays</i>	<b>Appointments for:</b> Crisis, Coaching, Careers <b>10am – 12pm</b>	<b>Appointments for:</b> Crisis, Coaching, Careers <b>12pm – 4pm</b>
<i>Thursdays</i>	<b>Scout Hut</b> Crisis, Coaching, Careers <b>10am – 12pm</b>	<b>Scout Hut</b> Baby Weigh Group & Parent Support <b>1pm – 4pm</b>
<i>Fridays</i>	<b>Appointments for:</b> Crisis, Coaching, Careers <b>10am – 12pm</b>	<b>Appointments for:</b> Crisis, Coaching, Careers <b>12pm – 4pm</b>

Visit our website [www.sparksproject.co.uk](http://www.sparksproject.co.uk)

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